

GI Uniform Requirements

Material

- GIs must be tailored from cotton or cotton-like fabric only. The material should not be excessively thick or hard, ensuring that opponents can grip it easily.
- For all divisions, a woven fabric GI is mandatory.
- Kimonos with EVA or similar material inside the collar are allowed if they meet size and rigidity requirements.

Colors and Patches

- There are no color restrictions on the GI for this competition. Any BJJ kimono is acceptable, but **Judo kimonos are prohibited** for youth and adult divisions.
- GIs must be clean, free of tears, and odorless.
- Patches must be sewn only in authorized areas and should not impede gripping.

Belt Requirements

- Belts must be 4-5 cm wide, in the athlete's rank color, with a black tip (except for black belts, where the tip may be red or white).
- The belt must wrap around the waist twice, be tied with a double knot, and hang 20-30 cm.

GI Measurements

Measurements will be checked to ensure compliance:

- Lapel thickness: **1.3 cm**
- Collar width: **5 cm**
- GI tops should reach the thigh, and sleeves should end no more than 5 cm above the wrist when arms are extended parallel to the ground.
- Pants must not end more than 5 cm above the ankle bone.

Other Requirements

- **Men's Divisions:** Elastic shirts or rash guards may be worn under the GI. Non-elastic shirts are prohibited.
- **Women's Divisions:** Elastic shirts or rash guards are mandatory under the GI. Athletes may also wear a one-piece swimsuit or gymnastics top.

- Pants under the GI pants are prohibited for men. Women may wear elastic shorts or leggings under the GI pants as long as they do not extend beyond the length of the GI pants.
 - Undergarments are required.
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No-GI Jiu-Jitsu Uniform Requirements

Shirts and Rash Guards

- Shirts must be elastic (skin-tight) and long enough to cover the torso to the waistband.
- No color restrictions apply.

Shorts and Compression Wear

Men's Shorts:

- Shorts must cover at least halfway down the thigh but not extend beyond the knee.
- Shorts must have no pockets, or if they do, pockets must be fully stitched shut. No zippers, buttons, metal, or plastic parts are allowed.
- Compression shorts or leggings are allowed beneath the shorts with no color restrictions. (All athletes must wear shorts above the leggings).

Women's Shorts and Compression Gear:

- Shorts, compression shorts, or leggings may be worn, with no restrictions on color.
- Shorts must meet the same requirements as men's, covering at least halfway down the thigh and no longer than the knee, with no pockets or hard parts.



PATCH PLACEMENT

